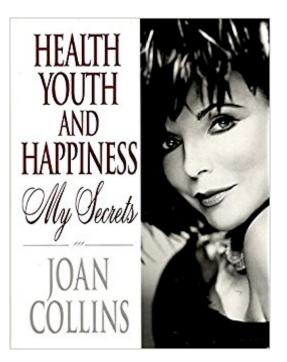


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Health, Youth And Happiness: My Secrets





Synopsis

The actress-author of Prime Time shares her advice on how women can look and feel their best, from tips on exercise, diet, skin care, makeup, and fashion to ways to develop the skills and positive attitudes necessary to achieve success. 75,000 first printing.

Book Information

Hardcover: 241 pages Publisher: Putnam Pub Group (T); First Edition edition (January 1995) Language: English ISBN-10: 0399140220 ISBN-13: 978-0399140228 Product Dimensions: 0.8 x 7.8 x 10 inches Shipping Weight: 1.7 pounds Average Customer Review: Be the first to review this item Best Sellers Rank: #1,855,276 in Books (See Top 100 in Books) #85 inà Â Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Cosmetics #13718 inà Â Books > Biographies & Memoirs > Arts & Literature > Actors & Entertainers #14279 inà Â Books > Humor & Entertainment > Movies > Biographies

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